



What does
the Bible say?

What Is God's Plan For My Life?

1. CUT THROUGH THE FOG OF YOUR CIRCUMSTANCES

A psalm of David. Hear my prayer, O LORD; listen to my plea! Answer me because you are faithful and righteous . . . My enemy has chased me. He has knocked me to the ground and forces me to live in darkness like those in the grave. I am losing all hope; I am paralyzed with fear. Psalm 143:1-4 NLT

*"We felt ourselves to be transported into a world of mystery where everything was swollen to a size and appearance more vast, more terrible, than is usual on this sober planet."
—Charles Spurgeon*

"And you will know the truth, and the truth will set you free." John 8:32 NLT

2. CREATE INTENTIONAL REMINDERS OF GOD'S GREATNESS

I remember the days of old. I ponder all your great works and think about what you have done. I lift my hands to you in prayer. I thirst for you as parched land thirsts for rain. Psalm 143:5-6 NLT

"I've never known more than 15 minutes of anxiety or fear. Whenever I feel fear, I just close my eyes and remind myself, God is on the throne." —John Wesley

3. COMMIT TO BEGIN YOUR DAY WITH GOD

Let me hear of your unfailing love each morning, for I am trusting you. Show me where to walk, for I give myself to you. Psalm 143:8 NLT

*"Worry does not empty tomorrow of its sorrow, it empties today of its strength."
—Corrie Ten Boom*

"Worrying is like paying a debt you don't owe." —Mark Twain

4. CONQUER FEAR BY RECEIVING THE POWER OF GOD'S LOVE

Because of your faithfulness, bring me out of this distress. In your unfailing love, silence all my enemies . . . Psalm 143:11-12 NLT

There is no fear in love. But perfect love drives out fear, because fear has to do with punishment. The one who fears is not made perfect in love. 1 John 4:18 NIV