

# Leah: How God Redeems Our Pain

## KEY SCRIPTURE

**“When the LORD saw that Leah was unloved, he enabled her to have children, but Rachel could not conceive.”**

*Genesis 29:31 NLT*

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**Redeemer** – (Hebrew) one charged with the duty of restoring the rights of another and avenging his wrongs.

**“For you know that it was not with perishable things such as silver or gold that you were redeemed...**

**but with the precious blood of Christ.”**

*1 Peter 1:18-19 NIV*

## The Path to Redemption

### 1. You Experience Deep Pain

**“Leah had weak eyes...”** *Genesis 27:1 NIV*

Weak – they lacked luster.

**“The eye is the lamp of the body...”** *Matthew 6:22 NIV*

*“If you really want to know about a man and what kind of character he has...”*

– Coach Bill McCartney

### 2. You Turn Your Pain into Prayer

**“It is because the LORD has seen my misery.”**

*Genesis 29:32 NIV*

**“Because the LORD heard that I am not loved...”**

*Genesis 29:33 NIV*

**“You keep track of all my sorrows...”**

*Psalm 56:8 NLT*

### **3. You Fall Back Into a Cycle of Performance**

**“Now at last my husband will become attached to me...”**

*Genesis 29:34 NIV*

**“Do not put your trust in princes...”**

*Psalm 118:9 NIV*

### **4. You Turn Your Pain into Praise**

**“This time I will praise the LORD.”**

*Genesis 29:35 NIV*

**“There I buried Leah.”**

*Genesis 49*

**“Let the redeemed of the LORD tell their story...”**

*Psalm 107:2 NIV*

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#### **Reflection Notes**

- Where have I experienced pain or rejection?
- How can I turn that pain into prayer instead of performance?
- What would it look like to praise God before I see redemption completed?