

Relationship Goals

How To Win
At What Matters Most

The Power of What You Say Pastor Brad Howard - February 8, 2026

The Spirit alone gives eternal life. Human effort accomplishes nothing. And the very words I have spoken to you are spirit and life.

John 6:63 NLT

"In everyday communication, words are the building blocks of language. Words are like bricks that form sentences, conversations, and ultimately relationships."

1. Your Words Determine the Foundation of your life.

"Everyone then who hears these words of mine and does them will be like a wise man who built his house on the rock. And the rain fell, and the floods came, and the winds blew and beat on that house, but it did not fall, because it had been founded on the rock.

Matthew 7:24-25 ESV

2. Your Words Determine the Direction of Your Life.

A word out of your mouth may seem of no account, but it can accomplish nearly anything--or destroy it! It only takes a spark, remember, to set off a forest fire. A careless or wrongly placed word out of your mouth can do that. By our speech we can ruin the world, turn harmony to chaos, throw mud on a reputation, send the whole world up in smoke and go up in smoke with it, smoke right from the pit of hell.

James 3:5-6 MSG

3. Your Words Promote the Healing, or Destruction in Your Life.

"Words have power in matters of life and death . . ."

Proverbs 18:21a Voice

Watch the way you talk. Let nothing foul or dirty come out of your mouth. Say only what helps, each word a gift.

Ephesians 4:29 MSG

The Three Filter Test:

- Filter 1 – Is it True?
- Filter 2 – Is it Good?
- Filter 3 – Is it Necessary?

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A tongue that brings healing is like a tree of life. But a tongue that tells lies produces a broken spirit.

Proverbs 15:4 NIRV

4. Your Words Indicate Where You Are With God.

For the mouth speaks what the heart is full of. A good man brings good things out of the good stored up in him, and an evil man brings evil things out of the evil stored up in him.

Matthew 12:34b-35 NIV

Let me tell you something: Every one of these careless words is going to come back to haunt you. There will be a time of Reckoning. Words are powerful; take them seriously. Words can be your salvation. Words can also be your damnation."

Matthew 12:36-37 MSG

But what does it say? "THE WORD IS NEAR YOU, IN YOUR MOUTH AND IN YOUR HEART" (that is, the word of faith which we preach): that if you confess with your mouth the Lord Jesus and believe in your heart that God has raised Him from the dead, you will be saved.

Romans 10:8-9 NKJV